



## ***FIBER BOWL / Quilt in a Bowl***

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### **Tool/Supply List**

Sewing machine able to Zigzag  
Needles size 80/12 or 90/14, SHARP  
Open embroidery foot or Zigzag foot, free motion embroidery foot (optional)  
Extra bobbins  
Fabric scissors, paper scissors, seam ripper  
Tweezers  
Rotary cutter and cutting mat  
Pencil, note pad and Quilter's rulers.

One fat quarter for outside of bowl (batik preferred but not required)  
A quilt, photo, etc. you would like to use as inspiration for your design  
Fabric leftovers from that quilt or lots of fabric scraps  
Decorative threads – cotton, polyester or rayon

Small iron and personal ironing pad (optional)  
Teflon sheet (desired but not mandatory)

½ yard Heavy duty Duck Canvas (18 or 20oz)  
4 yards Wonder Under fusible web.

If you have any questions, please do not hesitate to contact me via email at  
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